



Career Development Workshop: Effective Career Management

delivered by:



Career Development workshop: *What everyone should know about career structures.*

“Exploring and shaping your career pathway to your best advantage”

This 1 day workshop has been designed for those who want to take greater control of their careers. Too often in this fast moving world we can feel we lack control. With conflicting pressures in and out of the workplace it is all too easy to simply react and ignore what matters most. We need to develop a greater sense of self awareness and to develop a clearer focus on our priorities. The workshop will be reflective in style and the group's size will be managed to reflect the personal nature of the subject and discussions.

The workshop will effectively hold a mirror up to each attendee and ask them to reflect on a number of different facets of their career to date and personality. The workshop will reinforce the need for each individual to take greater control of their career, but importantly with an improved sense of awareness and direction. The Myers Briggs Type Indicator will form part of the workshop and provide an opportunity to discuss your personality and how this impacts on your past, current and future career direction.

The workshop leader, Paul Sanderson has operated as a senior manager in a number of well known organisations, including Aviva and J Sainsbury. More recently he has set up his own consultancy business working with a range of organisations in both the private and public sectors.

Specific Outcomes

The workshop will provide:

- An improved level of personal awareness.
- Understanding of why some elements of their career were more satisfying.
- How this knowledge influences their career direction.
- A number of practical actions each attendee can take.
- Knowledge and skills to help deal with any career challenges.
- An improved sense of career direction and ownership.
- Follow up support.

The Workshop

The workshop will cover:

- Our individual personality how this impacts on career choice and satisfaction.
- A review of our career to date; the highs and lows.
- An audit of transferable skills.
- Career search strategies.
- Career exploration case studies.
- An exploration of the 'ideal' organisational culture and work relationships.
- Practical action/development planning.



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Follow Up Coaching

The 1-day workshop will be followed by a 1-hour individual coaching session building on the action plan prepared by each attendee and concentrating on specific career management issues. This provides a milestone to check progress and also the opportunity to reinforce the workshop ideas and concepts.

Maximum number of delegates: 12

**Cost: Members - 3 units, £450 +VAT
Non-members - £675 +VAT**

To register please email our Training Co-ordinator on
registrations@thelearningcollaboration.com